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Japanese official draws ire for piggyback ride over puddle in town devastated by storm. **World**

‘This issue isn’t going away’

Traffic is backed up at the railway crossing at Waverley Street and Taylor Avenue February 24. DAVID LIPNOWSKI/ FOR METRO

POLITICS

Mayor calls for rail relocation study after task force scrapped

Stephanie Taylor
Metro | Winnipeg

Brian Bowman wants a railway relocation study to keep chugging along, even after the province scrapped the plan.

On Monday, the mayor said he wants to sit down with members of the provincial and federal governments to see if everyone could agree to a study about removing — or relocating — the train tracks dividing Winnipeg’s northern and southern communities.

Bowman’s comments come several days after the Pallister government announced it had cancelled plans to have a task force study rail rationalization.

The former NDP government had announced the task force prior to the April election, but it was met with lukewarm reception once the Progressive Conservatives came into power.

“This issue isn’t going away,” Bowman told reporters on Monday.“I’d like to sit down in the room with provincial and with federal representatives to see how we can work together to ensure we have accurate information in order to have a thoughtful discussion about how rationalization could possibly occur.”

Bowman believes a study is required to determine how much rail relocation would cost.

“Otherwise, it’s really an academic discussion without having the dollars in mind,” he said.

He added that the city could not afford to carry out rail rationalization without provincial and federal dollars.

The Liberal MP for Winnipeg Centre, Robert Falcon-Ouellette, expressed his disappointment in the decision to halt the task force last week.

“It shows an unfortunate lack of vision not even to fund a study into a project that could make the city and railways alike safer and more efficient,” reads the statement.

Dan Vandal, Liberal MP for Saint Boniface-St.Vital, also told the Winnipeg Free Press he supports a study into rail relocation.

PLANNING OFFICIAL WEIGHS IN ON RAIL RELOCATION STUDY

All levels of government must study project, says Kehler

All three levels of government should study rail relocation before balking at potential price tags, says the executive director of the Social Planning Council of Winnipeg.

Kate Kehler says moving the rail yards out of the city, particularly the massive CPR yards below the Arlington Street Bridge, would free up hundreds of acres of land that could be used for housing and recreational developments.

But she says there needs to be a study weighing the costs and logistics of doing so.

“We keep assuming this is what the cost is going to be and we don’t know,” Kehler says of rail relocation on Monday.

“We might as well do the actual thoughtful study so we finally have the actual numbers that we’re talking about and then we can go about addressing how we get that money.”

She says the Social Planning Council is hoping to strike a meeting with the province to initiate a rail relocation study using the knowledge of local experts. Unless the CPR yards are moved, Kehler believes the North End will remain divided from the rest of the city.

“If you think the status quo is serving us, then there really isn’t an argument to be made,” she says.

“It basically depends on what your vision of Winnipeg is.”

PROPERTIES

Brian Bowman wants to ‘expedite’ growth fees plan for city

The tensions still run deep, but the mayor and members of the development community say they will at least work together on growth fees.

Around 15 developers and business leaders gathered in Bowman’s office for a 90-minute meeting Monday morning to discuss the potential introduction of growth fees on new properties.

Both parties characterized the meeting tone as respectful, despite disagreements on key issues, including how much of the city’s infrastructure needs is attributable to new developments.

Monday’s sit-down was the first formal meeting between Bowman and developers since a consultant’s report recommended the city impose fees on all new residential and non-residential properties.

“The commitment was to keep talking and to ensure that we’re keeping the lines of communication as open as possible so that we can do everything we can to ensure we get it as right as possible,” Bowman told reporters after the meeting.

They didn’t decide how and when new fees could be introduced, nor finalize any future meetings with industry representatives, he added.

Bowman remained tight-lipped about whether growth fees will be introduced by the 2017 budget, saying only that city staff are preparing a report for council.

“We’d like to see it expedited as soon as possible, considering the fact that the status quo is not an option,” he said.

“If you’re asking me, are we going to endlessly debate this for more years and decades, the answer is no.”

Both Mike Moore, president of the Manitoba Home Builders’ Association and Loren Remillard, CEO and president of the Winnipeg Chamber of Commerce, expressed optimism that Monday’s meeting would be the start of future consultations.

“We did impress upon the mayor the need to take the time. Good policy doesn’t happen overnight,” Remillard told reporters.

Eric Vogan, vice-president of community development of Qualico, said a major concern remains that the city would impose new charges on new development in order to raise revenue and balance its budget.

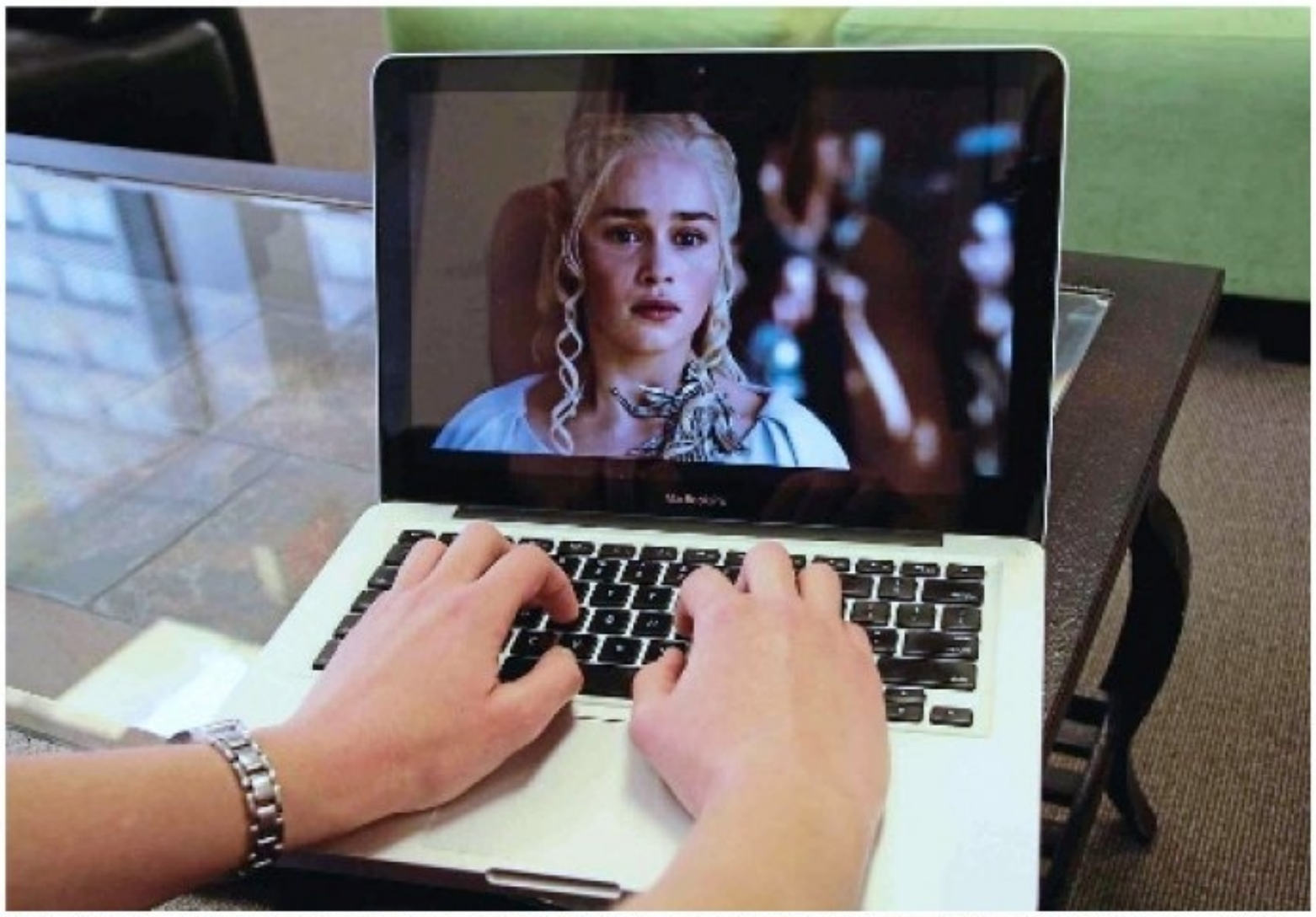
STEPHANIE TAYLOR/METRO

Thousands of students hit with illegal download notices

ONLINE PIRACY

University of Manitoba says U.S. laws don't apply in Canada

Matt Kieltyka
Metro | Winnipeg



University of Manitoba students who have been illegally downloading popular shows like HBO's Game of Thrones on campus have received notices from agencies claiming they have violated U.S. copyright laws. PHOTO ILLUSTRATION BY MATT KIELTYKA/METRO

Downloading the latest episodes of Game of Thrones and other hit shows has landed thousands of University of Manitoba students in hot water.

But the university — despite being forced to pass on violation notices to students illegally downloading content through its networks — is warning students not to fall prey to aggressive collection agencies' pressure tactics.

Following changes to Canada's Copyright Act in 2015, Internet service providers are now required to provide copyright holders with the IP addresses and time stamps of users caught downloading content illegally over their services.

The providers are then also required to pass on notices from copyright holders and hired third-party agencies to users informing them they're in violation of the law and, often, seeking money to settle claims out of court.

Joel Guenette, copyright strategy manager with the U of M, estimates that the university has forwarded roughly 6,000 notices to students since the law took effect in January of last year.

The notices range from gentle reminders from companies like HBO that its content is available legally through a variety of streaming platforms to more aggressive letters threatening lawsuits and demanding users pay resolution fees to settle their cases.

Guenette said it's important for students to know that at no point does the university provide agencies with people's personal information or identities.

He wants students to know the law or seek advice before caving to some of the "extortion" tactics used by companies in the notices.

"It's the beginning on the semester and we want students to know what the notices are, what they represent and what they don't represent," Guenette told Metro. "We do not reveal the ID of students to anyone. All they have is an IP address. American laws don't apply in Canada."

> We want students to know what the notices are, what they represent, and what they don't.
> Joel Guenette

In Canada, the maximum fine for downloading content illegally is $5,000 and Guenette says it's "unprecedented" for international copyright holders to take Canadians to court over violations, as the cost to do so would surpass any return.

That's not to say the university is giving students the green light to torrent away, either.

"Of course, we discourage students from making illegal downloads," said Guenette. "Our expectation is that they respect copyrights and use our networks in a legitimate and respectful way. But we don't want students to fall prey to any exploitation either."

Guenette says the University of Manitoba has passed on notices for many types of content, including movies, television shows, music, video games and even textbooks.

BY THE NUMBERS

6,000

Number of notices the University of Manitoba has forwarded to students for illegally downloading online content like movies or TV shows.

$5K

The maximum fine for downloading content illegally.

2015

The year Canada's Copyright Act changed, requiring Internet service providers to provide copyright holders with the IP addresses and time stamps of users caught downloading content illegally over their services.

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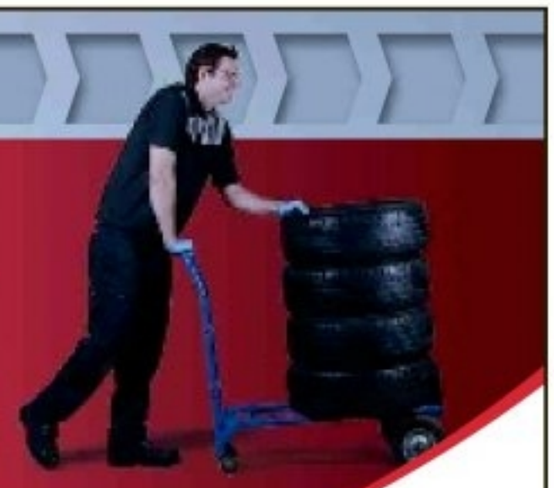

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HOCKEY

Heritage Classic day in jeopardy as fans told baby also needs ticket

Matt Kieltyka
Metro | Winnipeg

A Winnipeg Jets fan says she shouldn't have to choose between the upcoming Heritage Classic and her newborn son after being told by the National Hockey League her six-month-old needs his own ticket.

Shalyn Meady and her fiancé Clifford Anderson shelled out around $800 for four seats to the Jet's upcoming showcase game against the Edmonton Oilers at Investors Group Field on Oct. 23.

But the Portage la Prairie couple stumbled upon a story online about parents barred from bringing their baby to the 2014 outdoor game in Vancouver.

Meady said they immediately contacted the NHL and had a representative confirm that their son, William, needs his own ticket to attend.

"That's when we got upset," Meady told Metro. "Initially they said it was a safety concern, that everyone at the game requires a seat, but he isn't even able stay up in a seat."

A spokesperson for True North Sports & Entertainment, which owns the Winnipeg Jets, said the Heritage Classic is organized by the league and told Metro to contact the NHL.

The company's own policy at Jets games at the MTS Centre is that children under the age of two don't require a separate ticket, the club said.

"It's the same in all 30 (NHL cities); I don't understand why the Heritage Classic would be any different," Meady said.

The mother said William requires breastfeeding and leaving him with a sitter isn't possible.

"If we don't hear from anyone (before the game), we'll just go and see if they can let us in," said Meady. "Hopefully they can reverse the policy. This is supposed to be a family event and sport."

The league has yet to respond to Metro's request for comment.

Shalyn Meady and her fiancé Clifford Anderson shelled out approximately $800 for four seats to the NHL Heritage Classic — only to learn that their six-month-old son, William, needs his own seat. LYLE STAFFORD/FOR METRO

PUBLIC HEALTH

Tories refuse to extend consultations on pesticide ban

Manitoba will not extend public consultations on its ongoing review of the province's cosmetic pesticide ban.

Environmental groups and members of the New Democratic Party opposition were outside the legislature building in Winnipeg on Monday to ask the Progressive Conservatives to give the public more time to have their say on the legislation.

Minister of Sustainable Development Cathy Cox rebuked those calls, saying the public had "ample" opportunity to participate in the consultation process.

"We've had over 2,000 people participate in the review, and they've had an opportunity to do that through social media, online and in person," Cox told media outside her office. "We feel that's sufficient."

The ban on synthetic pesticides for non-essential lawn care — brought in under the former NDP government — was designed to reduce people's exposure to harmful chemicals like glyphosate, a probable carcinogen according to the World Health Organization.

While praised by environmental and public-health groups, the legislation has irked municipalities and some industries.

Association of Manitoba Municipalities president Chris Goertzen — also the mayor of Steinbach — told Metro he supports the review of the legislation.

"Of course we want to reduce the number of chemicals we use in our communities and our day-to-day lives … but we have to be reasonable," Goertzen said. "There aren't alternatives that are as effective as the federally approved products."

Under the ban, Goertzen said it now costs his city $237,000 to spray for pests, up from $15,000 the previous year.

Concerned municipalities have all had time to make submissions to government, he said.

Neil Bailey, spokesman for the Cosmetic Pesticide Ban Working Group, previously told Metro the coalition believes public health and safety should be paramount.

"When it's a question of public health and vulnerable populations, there is no question," he said. MATT KIELTYKA/METRO

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Planes flying in face of high fares

TRAVEL

Winnipeg-based NewLeaf is one of Canada's few cheap airlines

Travel nearly anywhere else in the world, and you'll find cheap airlines offering no-frills service, from European giant Ryanair Holdings to Peach Aviation in Japan.

Not here. Canada is one of just two nations in the Group of 20 largest economies without any ultra-low-cost carriers, or ULCCs. Canada also charges higher security fees than most other nations — up to $25 per passenger — and its 26 largest airports must make annual payments to their municipalities in lieu of local taxes.

Many Canadians go south to fly; about 5 million cross the border each year for cheaper flights.

Three companies are working to bring the ultra-low-cost model closer to home.

Canadians are eager for the expanded service and lower fares that ULCCs could provide, said Jim Young, chief executive of Winnipeg-based NewLeaf Travel Co., a "virtual" airline in its sixth week of operations, with three Boeing 737s flying to secondary airports in 11 cities nationwide.

NewLeaf has no air certificates or airplanes. It sells tickets on an established carrier, Flair Airlines — a "wet lease" arrangement that lets NewLeaf escape many of the costly aspects of being an airline. Flair staffs and maintains the fleet and sells capacity to NewLeaf.

Canadians "understand the business model — they understand the fees, they understand that you pay for what you consume," Young said.

The country's high airport fees limit the traffic-stimulating effect that lower fares can have for low-cost airlines elsewhere, but flying to smaller, cheaper airports increases the odds of success, said NewLeaf's chairman Ben Baldanza, calling the company "the only ULCC option that I have seen in Canada that makes sense to me."

Baldanza, who was previously chief executive at Spirit, is also a "small investor" in the Canadian startup and serves on the board of Iceland-based low-cost carrier WOW Air.

NewLeaf avoids Canada's primary, higher-cost airports like Toronto Pearson and Vancouver International, just as Allegiant Travel Co. does larger U.S. airports. In Canada, secondary airport fees (like Hamilton relative to Toronto, or Abbotsford relative to Vancouver) are generally far lower than those at major airports, Baldanza said.

Price is the prime selling point in the ULCC model: Fares begin under $40, and in many cases well under $40. In China, for example, Spring Airlines sells tickets for as little as 99 yuan ($14.82). The U.S. has three such carriers — Spirit, Allegiant, and Frontier Airlines Holdings Inc. — and all have been expanding voraciously.

Because of Canada's higher costs, fares there won't be as low as other nations enjoy. But executives at all three of Canada's fledgling ULCCs say they aim to underprice Air Canada and WestJet by 25 per cent to 35 per cent.

Calgary-based Enerjet is a charter operator that flies oil- and gas-field workers in northern Alberta and does contract work for Air Transat, another Canadian charter carrier. Now, it is transitioning to the ultra-low-cost model.

Enerjet has been "hunkered down" for more than a year amid the collapse in oil prices and western Canada's depressed economy, said Darcy Morgan, the company's chief commercial officer; his brother Tim, a WestJet co-founder, is its CEO. The company leases three Boeing 737-700s and wants to begin a new ULCC tentatively called Flytoo. Enerjet is working to raise $80 million and hopes to begin Flytoo service by year's end.

A third company, Calgary-based Canada Jetlines Ltd., is trying to raise $50 million and begin flying from major Canadian cities to U.S. sun destinations like Las Vegas, Phoenix and Los Angeles this year or next. Jetlines has ordered five new Boeing 737 Max aircraft for its future expansion, with options for 16 more.

Initially, Jetlines plans to expand to a half dozen 737-700s in its first year and to list shares publicly. The airline plans to offer fares 30 percent cheaper than Air Canada and WestJet but also to avoid direct competition with both, said Jim Scott, Jetlines' president and chief executive officer.

> **The passengers that we move are not the passengers that Air Canada and WestJet want, anyway.** Jim Scott

"The passengers that we [will] move are not the passengers that Air Canada and WestJet want, anyway," Scott said.

"The focus in Canada is on the business traveller or the frequent flier. I always say everyone who gets boarded before I get boarded is the (passenger) they're interested in."

During the winter, all three low-cost airlines will look south to Mexico, the U.S. and the Caribbean, as Canadians seek warmer-weather respites.

"I think there's a chance to make more money in the winter than (NewLeaf does) in the summer," Baldanza said.

As with nearly any airline startup, financing has been lean for all three companies so far. Scott attributes that to Canada's conservative investment climate

And in a nation with near-duopoly air service (Air Canada and WestJet dominate), airline upstarts have had a spotty record, as well as some high-profile failures in the last 15 years — including low-cost operator Jetsgo and smaller leisure-oriented carrier Harmony Airways.

To help their funding efforts, both Enerjet and Jetlines have asked to be exempted from Canada's 25 per cent cap on foreign investment in airlines, in the hopes of selling as much as a 49 per cent stake to non-Canadian investors. Those exemption requests are opposed by South Beach Capital Partners, an investment group formed by Manitoba First Nations indigenous peoples that took a financial stake in NewLeaf Travel in June; Canada's transport minister is expected to decide on the requests later this year.

That foreign ownership cap was one of the aspects of Canadian air travel that last year's federal transportation report pointed to, advocating for raising it.

"In contrast to larger markets like the U.S., there may not be enough capital in Canada to finance 75 per cent of a new national carrier," said the report, overseen by David Emerson, a former Cabinet minister, Vancouver airport executive and member of Parliament.

The report also recommended sweeping changes in airport funding, airport capital spending programs, security and visa systems.

BLOOMBERG/TORSTAR NEWS SERVICE

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Terror went 'gently' to bottom of the sea

HERITAGE

Second ship from Franklin expedition has been found

The second ship from Sir John Franklin's doomed 19th-century search for the Northwest Passage has been located — right where an Inuit hunter said it would be.

"The ship is in remarkable condition," Adrian Schimnowski of the Arctic Research Foundation, one of the groups involved in the search, said Monday from the research ship that located the HMS Terror.

"It looks like it gently slipped to the seabed floor."

The Terror, one of two British navy vessels sent in 1845 to try to find the Northwest Passage, was discovered Sept. 3 in 24 metres of water in Terror Bay, a small indentation on the coast of King William Island west of the community of Gjoa Haven.

A sketch showing the HMS Terror stuck fast in the ice of the Northwest Passage. TORSTAR NEWS SERVICE

The well-preserved wreck of Franklin's other ship, the Erebus, was found in 2014 about 11 metres below the surface in the Queen Maud Gulf, along the central Arctic coastline.

Both were lost with all 129 crew. Their fate has proved one of the Arctic's most enduring mysteries.

Schimnowski said that mystery might have remained if not for a late-night conversation on one of the search vessels between himself and Sammy Kogvik, an Inuk and Canadian Ranger from Gjoa Haven.

The two were on the bridge of the Martin Bergmann, a research vessel, and Kogvik was telling Schimnowski about the history of the shorelines they were sailing past. He started talking about something he'd seen seven years ago while snowmobiling across the sea ice of Terror Bay.

Kogvik recalled how he had looked behind him to check on his hunting partner when he spotted a large pole sticking up out of the ice. The two Inuit stopped and took pictures of what looked like a ship's mast.

But when Kogvik got home to Gjoa Haven, he found he'd dropped his camera and lost the shots.

"As soon as he said the story, I knew from his eyes and the way he was speaking that he had something."

The crew searched for more than two hours without success. They decided to give up and head to the nearby community of Cambridge Bay using a different route out of the bay than they had entered with.

"Within 15 minutes of starting again, we found an artifact on screen," Schimnowski said. "It looked like the cross-section of a masted ship.

"It was very exciting … You have very few experiences like that in a lifetime. We celebrated together." THE CANADIAN PRESS

Royals to visit with children

Royal-watchers' cameras will be snapping on the west coast this fall as Prince George and Princess Charlotte will be joining their parents Prince William and Kate, the Duchess of Cambridge, for a royal visit to Canada.

Prince William and Kate, the Duchess of Cambridge, will bring their children to one of "the most beautiful places in the world," when the royals visit British Columbia and the Yukon from Sept. 24 to Oct. 1, according to a statement on the Royal Family's website.

With more than 30 engagements packed into the week, the royals will have a jam-packed itinerary on Canada's west coast.

This is the royal couple's second visit to Canada.

TORSTAR NEWS SERVICE

The Duke and Duchess of Cambridge with their two children. THE CANADIAN PRESS

IN BRIEF

Tootoo allegations but no comment

The Prime Minister's Office is not commenting on allegations about Hunter Tootoo's fall from political grace. Tootoo, the MP for Nunavut, abruptly quit his post as fisheries minister and left the Liberal caucus in May.

THE CANADIAN PRESS

TRANSIT TUESDAY
Weekly Transit News Update

SAY HELLO TO PEGGO… GET YOUR CARD NOW!

Say hello to peggo, the new electronic fare collection system from Winnipeg Transit. Using a peggo card is easy! Simply tap and hold the card directly on the peggo card reader on the farebox, wait for the beep and go. With peggo, you can purchase fares and check your card balance online for added convenience!

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- Transfer - when paying using e-cash, a 75-minute transfer is automatically loaded onto the peggo card so paper transfers are no longer required.

Winnipeg Transit will continue to accept paper passes and tickets while customers transition to the new fare system. Cash fares will be accepted on all buses, but please remember, no bills or pennies.

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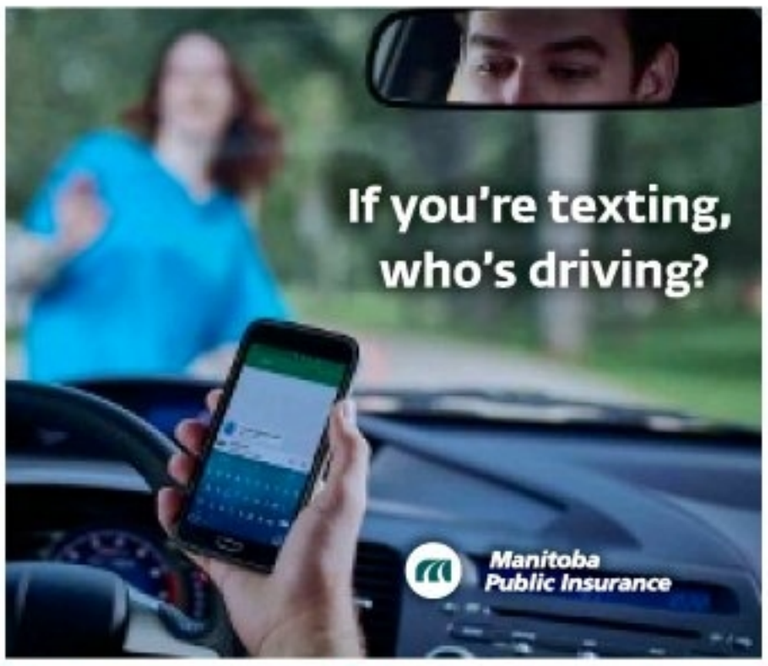

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JAPAN

Official blasted for piggyback

A Japanese government official is under fire for riding on a colleague's back to get through a big puddle of water during his recent visit to a town devastated by a deadly storm.

Vice Minister of Reconstruction Shunsuke Mutai headed a government team's visit to the northern town of Iwaizumi earlier this month to assess damage from the storm, which killed more than 20 people in the region.

Mutai, who had forgotten to bring rubber boots, was shown in television footage being carried on the back of another government official wading through the puddle. The scene triggered sharp criticism on social media, with Mutai accused of not taking his job seriously.

The case resurfaced over the weekend when his boss, Reconstruction Minister Masahiro Imamura, visited the region and apologized over the incident.

"When I heard the story, I said what on earth was he doing," Imamura said as he apologized to local residents. He said that Mutai had to rush over to the disaster area and forgot his boots.

THE ASSOCIATED PRESS

Shunsuke Mutai is under fire for a piggyback ride to get through a puddle during a visit to a town affected by deadly storms. TWITTER

BEIPANJIANG BRIDGE

ENGINEERS CLOSE TO COMPLETING 'WORLD'S HIGHEST BRIDGE'

Chinese engineers reached new heights over the weekend when they linked the two ends of the Beipanjiang Bridge, creating what will be the world's highest bridge when it is completed.

The bridge connects two provinces in China, and soars 565 metres (1,854 feet) above a river in a mountainous region of Guizhou province in the southwest of the country.

Crews linked the two ends on Saturday, completing the 1,300-metre span, according to CCTV.

The bridge is expected to be open to traffic by the end of 2016, the broadcaster reported.

PHOTO: AFP/GETTY IMAGES

STORY: TORSTAR NEWS SERVICE

Clinton's secrecy 'stupid'

U.S. ELECTION

Candidate's penchant for privacy forged decades ago

When Hillary Clinton shuffled and stumbled as she abruptly left the 9-11 memorial at Ground Zero on Sunday, clearly ill, the telltale video was captured by a bystander, not a journalist.

Clinton's aides hadn't told the travelling press pool that she was leaving.

When she was driven home that night, she was not accompanied by the reporters that follow a candidate from door to door. Clinton's aides hadn't allowed them to come along.

In between, her campaign claimed she had merely "overheated." Only eight hours after the incident, and 48 hours after she saw a doctor, did they admit what appears to be the truth: she has pneumonia.

All together, it was vintage Hillary Clinton. As she has for two decades, the Democratic presidential nominee chose maximum secrecy right up until maximum secrecy was no longer a viable option.

"Antibiotics can take care of pneumonia," David Axelrod, a former top aide to Barack Obama, wrote on Twitter. "What's the cure for an unhealthy penchant for privacy that repeatedly creates unnecessary problems?"

The cure, in part, is running against Donald Trump. Clinton's Republican opponent is in several important ways more opaque than she is.

> This one is just a self-inflicted wound. And inexplicable.
> Kathleen Dolan

But her reflexive bunker mentality led to, and prolonged, her biggest scandal, over her decision to set up a private email server. And it indisputably made her Sunday incident worse.

"Sheer stupidity," said Kathleen Dolan, chair of political science at the University of Wisconsin-Milwaukee. "This one is just a self-inflicted wound. And inexplicable."

"People get pneumonia all the time. You say, 'The Secretary was diagnosed with pneumonia, that may require her to change some of her schedule in the next week, just giving you a heads-up.' That's all they had to do. But they didn't. And it was stupid," Dolan said. "And now it's just one more piece of evidence that, 'See, she lies about everything.' And she doesn't lie about everything."

Indeed, independent fact checks show Trump has been far more dishonest during the campaign than Clinton. Trump, unlike Clinton, has refused to release his tax returns. Trump, unlike Clinton, has refused to allow a full-time press pool at all. Trump, unlike Clinton, has blacklisted news outlets from his rallies.

But voters trust her almost as little as they trust him. In an ABC poll this week, 61 per cent of voters said Clinton was not trustworthy or honest compared to 64 per cent for Trump.

"The irony is, take the three sort of principals of this race: the ghost of Bill Clinton, Donald Trump and Hillary Clinton. I have no doubt in my mind that Hillary Clinton's probably the more virtuous, more honest human being than either of the two of them," said Gil Troy, author The Age of Clinton. "If you were to do a kind of virtue X-ray, she would win."

In Monday tweets and television interviews, Democrats called on her to be more transparent. There were signs her campaign was listening. In television interviews, a spokesman promised additional medical documents.

But it will take more than a few gestures to change a reputation forged more than two decades ago. TORSTAR NEWS SERVICE

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Union scoffs at pot sales idea

CANADA POST

New report suggests post offices be used as storefronts

Canada Post is already the sole agent for delivering medical marijuana across the country, a new report notes. THE CANADIAN PRESS

Could legalizing pot save Canada Post?

Canadians looking to use recreational marijuana could help boost the post office's revenues and be part of the answer to its financial woes, a new report suggests.

"Through its currently unparalleled national delivery network, Canada Post stands to capture a large part of the recreational shipment volume," says Canada Post in the Digital Age, written by the task force for the Canada Post Corporation review, released Monday.

The 94-page report noted that Canada Post is already the sole agent for delivering medical marijuana across the country, and its more 6,200 post offices and retail outlets could potentially serve as storefronts for weed sales.

An estimated 88 per cent of consumers live within 5 kilometres of a postal outlet.

"We don't know what the details are yet, but we put it on the table," said task force chairperson Francoise Bertrand, estimating that marijuana sales could generate $10 million to $20 million a year in delivery fees.

"There's not a huge amount of money."

Details on whether legal marijuana sales will be regulated federally or provincially are not yet known, but the report said Canada Post is well positioned to benefit from increased distribution revenues, as it now delivers alcohol for the Liquor Control Board of Ontario (LCBO), under its new online shopping program introduced in July.

A separate marijuana task force, which is examining how pot could be legalized, has highlighted the mail service, noting it provides "reliable, low-cost delivery to all parts of the country in a discrete manner that does not encourage increased usage."

But the union representing postal workers said delivering pot or selling pot alone is not the answer.

"The idea that selling pot is going to save Canada Post is patently ridiculous," said Mike Palecek, national president of the Canadian Union of Postal Workers.

"The report is rather disappointing as it concludes postal banking is not the best way to go," which the union has been lobbying for.

The report said Canada Post's current business model, which reflects the 20th century, needs to be realigned with the rapidly changing technological realities and the changing postal usage of Canadians.

Even with drastic changes, the report added: "Canada Post will not be positioned to operate in the future on a financially self-sustaining basis over the long term," pointing to the steep drop in letter mail and flyers.

TORSTAR NEWS SERVICE

ENERGY EAST

Pipeline's future cloudy

Doubts are growing over the fate of the Energy East Pipeline after members of the National Energy Board panel examining the project resigned, leaving questions over how the review will proceed.

Analyst Dirk Lever of AltaCorp Capital in Calgary said Monday the pipeline regulatory process has become so "murky" and "messy" due to political pressure that it's difficult to say whether any pipeline approval can be assured.

"I think everyone just wants to see some clarity on it," he said. "Certainly from industry, they just want to know what they have to do."

NEB spokeswoman Sarah Kiley said Monday a temporary chairperson will select members of the new panel, who will decide whether the review will resume in Montreal from where it left off or start all over. The NEB is still aiming to have a decision on the $15.7-billion Energy East pipeline project by March 18, 2018, she added.

THE CANADIAN PRESS

MARKETING TRENDS

Food giants testing new role

Gathered for a free music festival, a crowd waits to see one of the headline attractions — an exhibit about fast-food ingredients.

On display: Beakers of powders and liquids that purportedly go into what is clearly meant to look like a McDonald's burger. Just below are leaves and spices that Chipotle says make up its burrito. As pop bands perform nearby, other festivalgoers play an online game fighting a "galactic battle against artificial ingredients."

Chipotle's "Cultivate" festivals encapsulate the food industry's hottest marketing trend: crusading against Big Food.

While the burrito maker still struggles to recover from an E. coli outbreak last year, its previous success in presenting itself as a reformer has led companies big and small to follow suit as they seek part of the $256 billion that Americans spend on fast-food each year. But some are positioning themselves as advocates for change before accomplishing some health goals, and skeptics say even well-intentioned marketing can be a disingenuous way to help people rationalize overeating.

The message is aimed at those who feel the established food system is to blame for poor eating habits, and tries to engage them to feel like allies rather than customers.

"Identifying who the enemy is" can be a key part of effective marketing, says branding consultant Laura Ries.

THE ASSOCIATED PRESS

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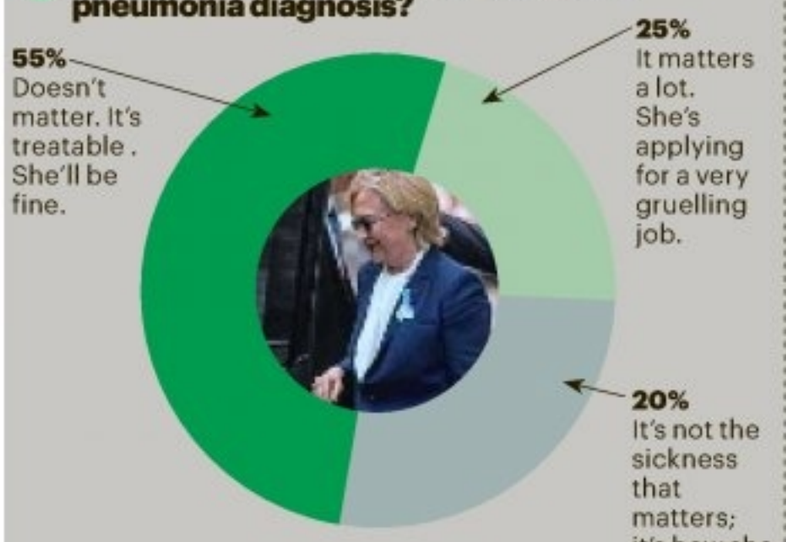
metro VIEWS
Your essential daily news
Tuesday, September 13, 2016

METRO POLL

How healthy are Clinton's prospects?

Hillary Clinton's health was a campaign subplot until it became the main story. Clinton was diagnosed with pneumonia last Friday, but her campaign didn't say anything about it until after the candidate had to leave a 9-11 commemoration ceremony on Sunday. The media certainly thinks this is a pretty big deal, but we wanted to know what our readers thought.

1 What do you make of Hillary Clinton's pneumonia diagnosis?


55%
Doesn't matter. It's treatable . She'll be fine.
25%
It matters a lot. She's applying for a very gruelling job.
20%
It's not the sickness that matters; it's how she handled it.

2 Will the diagnosis help or hurt her chances?

53% Hurts
44% Makes no difference
3% Helps

WE ASKED Metro readers

- This is the stupidest thing ever. Any person on earth can easily get pneumonia.
- Given her history, admitting pneumonia means that things are worse than pneumonia.
- At least she has provided legit medical records and tax information.
- People should think about what others have accomplished with far more serious illnesses.
- I don't believe her or her hired doctor.
- The POTUS should be in really top health.

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HAVE YOUR SAY

It's time for the city to raise the riverwalk

YOUR RIDE

Colin Fast

Now that the province has sunk the idea of using the floodway to control water levels in Winnipeg during the summer, the city's path forward is clear: it has to raise the riverwalk.

Over the past five years, the pathway — which is supposed to be a tourist attraction and a link in our active transportation network — has been closed more than it's been open, including nearly all of June through August this year. So basically it's more of a river than a walk at this point.

That's a civic embarrassment, and it has to change, not just for the benefit of cyclists and pedestrians and tourists, but for the good of our civic soul.

We all know we live in a harsh environment, and we spend much of our energy and money dealing with cold, snow, mosquitoes and the Bombers' natural inability to win a Grey Cup. That's why it's crucial we take advantage of the benefits Winnipeg's location presents us with as well. And our rivers top that list.

Yet most Winnipeggers have remarkably little interaction with the waterfront. That's because we've sold much of it to private interests, and done a terrible job of developing spaces where people can actually slip away from the urban environment and engage with the water for a while.

The riverwalk is supposed to be one of those spaces. But you're not going to depend on it as part of your commuting route, use it for a stroll to The Forks or recommend it to visitors if you can't be sure it's even open.

Fortunately, the province offered a glimmer of hope that a solution can be found. While it won't spend money to operate the floodway and compensate landowners upstream from the floodway gates, Infrastructure Minister Blaine Pedersen said he is open to hearing proposals to raise the riverwalk instead.

City hall should jump on that statement as a chance to not only fix the flooding problem but also elevate the design of the walkway to make it the true signature attraction it always should have been.

Imagine something like the Vancouver seawall, with a raised concrete and stone pathway that provides designated space for pedestrians and cyclists while also protecting the riverbank from further erosion.

Replacing the gravel path with a Winnipeg seawall could be the starting point for a citywide riverside bikeway system and would provide tourists with another signature selfie spot to rival the Esplanade Riel or CMHR.

Or maybe take it a step further and incorporate piers, boardwalks or even small beaches along the path to encourage people to linger next to the water a little longer. These are the sorts of spaces envisioned in the "Go To The Waterfront" blueprint that was adopted by city council in January 2014 and has rarely been mentioned since.

The city needs to dust off that plan and work together with the provincial and federal governments to design a bigger, better waterfront that is befitting of a river city.

Colin Fast is a communications specialist and freelance journalist in Winnipeg. Find him @policyfrog on Twitter

International students deserve our embrace

Armine Yalnizyan and Chris Grisdale

For many Canadians, September means back-to-school time. For a growing number of students, it's also welcome-to-Canada time.

International students have become a critical piece of the puzzle for funding higher education. Their enrolment in our post-secondary institutions is accelerating at a far faster pace than that of domestic students. By Dec. 31, 2015, 352,960 international students were registered at schools across Canada. That figure is twice the number enrolled in 2006.

A federal report estimated that in 2010, international students spent almost $8 billion in Canada on tuition, accommodation and other expenses, creating 81,000 jobs and generating $455 million in tax revenue. Those figures were so impressive that in 2013 the Harper government's Economic Action Plan budgeted $23 million over two years to market Canadian degrees abroad and recruit students, and added funds to enhance processing capacity.

By all accounts, the marketing ploy was successful. But as the Conservatives opened the floodgates to these temporary entrants, they simultaneously choked off their passage to permanent residency.

That's a maddening waste. Just ask Lucas Alves.

Lucas came to Montreal from Brazil in August 2011 to study French at a language school. His experience led him to want to make his home here. Already fluent in English and Portuguese, Lucas and his family paid $15,000 a year in tuition for an architectural technician program at George Brown College to turn the dream into reality. To cover costs, Lucas worked as a cleaner and in food services.

When Lucas arrived, he had cause to believe he could build his life here as a Canadian citizen. In 2008, Ottawa had created the Canadian Experience Class, providing a pathway to permanent residency to international students with two years of Canadian work experience. International students have been allowed to hold on-campus jobs since 1988, and later allowed to work up to three years anywhere in Canada after graduation. The promise of a chance to study and work your way toward citizenship enticed thousands of young students to come to Canada.

But, beginning in 2013, the federal government started delisting some occupations that were previously considered valid Canadian work experience. Suddenly, if your job was in food or retail — the most common jobs for students, international or domestic — you were out of luck.

As a result, more of the world's best and brightest are coming to Canada, but fewer can stay, by policy design. Instead of seeing them as A-list candidates for Canadian citizenship, they have become Grade-A cash cows for a chronically underfunded system.

The Liberals should move swiftly to reboot the Experience Class program so international students like Lucas aren't merely welcomed to study and spend in Canada, but welcomed to stay and build their future here.

Armine Yalnizyan is senior economist at the Canadian Centre for Policy Alternatives. **Chris Grisdale** is an Osgoode Hall Law School graduate.

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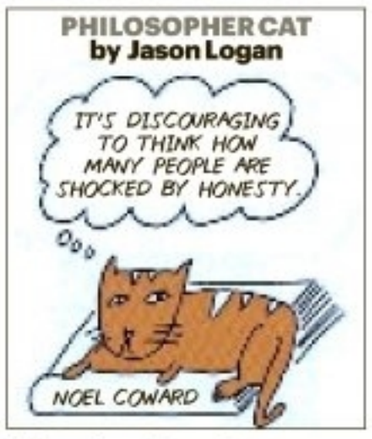

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metro LIFE

Your essential daily news

Comedian Jessica Williams walked runway at politicized Opening Ceremony show at NY Fashion Week

All that glitters is oversold

WELLNESS TRENDS

Crystals heal say believers, but science says otherwise

There's a practice that's become popular among celebrities and regular folks alike: Using crystals like amethysts, emeralds and rose quartz to harness healing power. It's a practice that elicits raised eyebrows and concern in the medical community, as there's no solid research proving crystals work — and even some devotees acknowledge any positive vibes are probably just a placebo effect.

Still, crystals are big business, with celebrities leading the trend. Madonna and Khloe Kardashian swear by them, and Katy Perry reportedly slept with one in her hand after splitting from ex-hubby Russell Brand.

Hipster troubadour Father John Misty is selling some in his merch store — rose quartz earrings for $45, in case you were wondering — and you can also find them anywhere from local metaphysical shops to Urban Outfitters.

Tiny Devotions, a Canadian company selling meditation necklaces adorned with healing crystals, has sold millions of dollars worth of their mala bead jewelry.

"Our revenue is over seven figures annually," says founder Diana House, over the phone from her office in London, Ont., where a large citrine crystal is on display. "I believe that it helps," House says, referring to the roughly $1,000 crystal, known for its 'prosperity and abundance' properties. "But I can't scientifically prove it does anything," she adds.

These rocks might be pretty, but they're not curing cancer. TORSTAR NEWS SERVICE

Fan websites say the sparkling stones are rooted in ancient healing rituals and act as conduits for wellness in the mind, body and spirit, channelling positive energy to improve someone's well-being, and can be worn around your neck, held during meditation sessions, or placed throughout a room.

Marta Borowski, 31, credits a crystal with helping her buy a house in Toronto's fiercely competitive real estate market.

> **Sadly, the whole of complementary and alternative medicine can be summed up as 'popular in the face of no evidence'**
> Christopher French, head of anomalistic psychology research at University of London

After she and her fiancé lost a bidding war, she passed a store showcasing a massive gemstone collection and decided a crystal "good luck charm" could come in handy.

"I don't know if it was the sunstone, but we ended up getting our dream home," she says.

Borowski thinks it's about visualization, and perhaps a placebo effect. "Somebody could give you a piece of cloth and say, 'This cloth holds some kind of energy creating properties,' and you would just harness all of your positive energy into that and it would have the same effect," she says.

And there really isn't any concrete research backing up the positive vibes beyond this power of suggestion.

"Sadly, the whole of complementary and alternative medicine can be summed up as 'popular in the face of no evidence,'" says Christopher French, head of the anomalistic psychology research unit at the Goldsmiths, University of London department of psychology.

French researched healing crystals to figure out why people think they work, and presented his results at a couple of conferences in the early 2000s. In his study, 80 participants were asked to meditate while holding either a real crystal or a fake one they were told was real. Before meditating, half the total number of participants were primed on what types of sensations to expect — things like tingling, heat, a mood boost, and so on.

The result? People who were primed on crystal sensations beforehand reported much stronger sensations than those who weren't. On top of that, there was no major difference in what people felt while holding real versus fake crystals.

"The results of our study did not come as any great surprise," French tells me. "The power of suggestion to affect perception and memory has been demonstrated in literally thousands of well-controlled psychological experiments for many decades."

But if you can think of an issue, fans say there's a crystal for it. Want to bring clarity to your mind? Try selenite. Want to stimulate your immune system? Buy some clear quartz.

This concerns French. "It is sometimes argued that this is acceptable, as if a person feels better after a worthless treatment, surely that's a good thing?" he says.

"But the danger here is that people may rely on worthless (complementary and alternative medicine) treatments for problems that might have been effectively treated with conventional medicine in the early stages but not seek the latter until it is too late."

In other words: Don't try curing cancer with a crystal.

The crystal fans I spoke to for this story agreed. "It's a holistic way of healing, but never to replace (medicine)," Yacht says. TORSTAR NEWS SERVICE

SLEEP HABITS

Early bedtimes for children keep obesity at bay

Benjamin Franklin may have been on to something when he prescribed "early to bed" for better health.

This could be especially true in the ongoing fight against childhood obesity. A recent study found that preschoolers who went to bed after 8 p.m. had a significantly higher risk of becoming obese teenagers than those with earlier bedtimes.

Led by researchers at Ohio State University, the study, published in the Journal of Pediatrics, followed 977 children from ages 4.5 to 15 years, asking their parents what time they typically were put to bed on the weekdays.

Bedtimes ranged from 6:45 p.m. to 1:30 a.m., with the most common times being 8 p.m., 8:30 p.m., and 9 p.m.

The scientists also examined the children's height, weight and body mass index as teenagers.

"Pre-school-aged children with early weekday bedtimes were half as likely as those with late bedtimes to become obese as adolescents," the researchers wrote.

In fact, only 10 per cent of the children who were put to bed by 8 p.m. were obese later, the study said. But 23 per cent of the late-nighters (those who went to bed after 9 p.m.) became obese teenagers.

While it's unclear exactly how children's bedtimes affect body weight, other studies have found that a lack of sleep is linked to hormones that regulate appetite and metabolism.

Staying up late also increases opportunities to snack after dinner.

TORSTAR NEWS SERVICE

According to one study, pre-school children with early weekday bedtimes were half as likely as those with late bedtimes to become obese as adults. ISTOCK

HEALTH

C-section increases rate of obesity in children

Babies delivered via Caesarean section were 15 per cent more likely to be obese as kids, teens and young adults than were babies born vaginally, according to a report in JAMA Pediatrics. The risk associated with a C-section was even greater for babies whose mothers had no apparent medical need for the procedure. These babies were 30 per cent more likely to be obese between age 9 and 28. TORSTAR NEWS SERVICE

A closer look at Clinton's health scare

EXPERT INTERVIEW

The doc who wrote the book on pneumonia

Genna Buck
Metro | Toronto

It was initially chalked up to seasonal allergies.

Hillary Clinton's hacking cough — an obsession in certain segments of the Twittersphere — is pneumonia, according to a statement from the U.S. presidential candidate's doctor.

The diagnosis was made Friday, but only revealed after a public stumble at a 9/11 memorial in New York City on Sunday.

Despite conspiracy-theorists' crowing about Parkinson's, Clinton likely has a contagious bug: Six of her staffers have reportedly come down with it too. Reactions from social-media diagnosticians have ranged from dismissive to "Tim Kaine better prove he's ready to lead."

Metro spoke to a real diagnostician, McMaster University's infectious disease specialist Lionel Mandell, who literally wrote the book (a.k.a. clinical guidelines) on pneumonia. He explained why we don't know how serious Clinton's condition is, how she likely got it, and why we can't even be sure it's pneumonia at all.

Many sources are describing this as "walking pneumonia." What does that mean?

Pneumonia just means infection of the lung tissue itself; the air sacs. Saying pneumonia is like saying "motor vehicle accident."

Could be a minor fender-bender, and at the other extreme you've got a head-on where cars are on fire and two people are dead.

Without knowing details, it seems like Clinton got community-acquired pneumonia, as opposed to hospital-acquired. In about 80 per cent of those cases, it's treated outside hospital, and the mortality rate is one to five per cent.

It's really difficult to make a pneumonia diagnosis. If you only rely on what patients tell you, plus the physical exam, you can be wrong at least a third of the time. You really need an X-ray. A lot of diagnoses are made without an X-ray, and a lot of those patients may have bronchitis or something.

I don't know where the hell the term "walking pneumonia" came from. But it sort of gets the idea across.

What causes this? What can be done?

The usual bugs are viruses, as well as bacteria called pneumococcus and mycoplasma. The antibiotics you give in cases like this will cover either of those bacteria.

Democratic hopeful Hillary Clinton leaves her daughter's New York apartment, where she recovered after a medical episode during Sept. 11 memorial services. THE ASSOCIATED PRESS

Who ends up in the unlucky one to five per cent who die?

It's more likely to be an older person or a person with lung disease, congestive heart failure, something like that.

How long will it take an otherwise healthy 68-year-old — like Clinton's doctor says she is — to recover?

It really varies. But typically the symptoms would be cough, a bit of a fever, a bit of shortness of breath. Depending on how sick they are, and their underlying conditions, some people can bounce back within a week or two, but they might feel weak for a few weeks.

Are you surprised someone in their 60s came down with this on the campaign trail?

The overall incidence in North America, if you're over 65, is about 20 cases per 1,000 people (per year). Someone like Clinton or Trump is definitely at risk. They're constantly mixing with people. I'm actually surprised (politicians) don't get infections more.

Could this put Clinton at risk for future problems?

Community-acquired pneumonia is not usually that big of a deal. Among people over 65 sick enough to be admitted to hospital, the risk of heart attacks goes up. Compared to older adults who are admitted to hospital for other reasons, pneumonia patients have a higher risk of death, and it extends out for one year.

Would her 2012 concussion and blood clot episode have anything to do with this?

Not if they were resolved. Somebody with a reduced level of consciousness can aspirate (inhale liquids or food) and get pneumonia. But she clearly doesn't have that. She's smart as hell.

RESEARCH

Dancers better at reading emotions

A series of scientific studies may reveal why audiences like certain dance moves more than others, and they suggest that dancers are more emotionally sensitive than the rest of us. The results may also point to a role the arts can play in empathy training.

One study isolated dance moves into very brief, silent, black-and-white video clips. With no context to go by other than the shapes of the moving bodies, participants were asked to rate their emotional response, whether they liked or disliked the moves, or found them happy or sad. Participants rated the video clips containing the rounded movements, such as the upward-curving arabesque, as significantly more positive than the clips with sharp, edgy movements. "There must be some type of universal mechanism where our perceptual system understands that roundedness is good, and edgy might be dangerous," says Julia F. Christensen, a research fellow in the Cognitive Neuroscience Research Unit at City University London, and lead author of the study Affective Responses to Dance.

In a similar study, published in the Journal of Experimental Psychology: Human Perception and Performance, the brief ballet video clips were shown to two groups of people — the dancers, and a control group of those with no dance experience. The participants wore electrodes on the tips of their fingers to detect the subtle sweat response triggered by an emotional reaction.

They were also asked to rate each video clip as happy or sad. Both groups "read" the emotions of the ballet clips correctly. But the dancers had much stronger reactions to the emotional content.

TORSTAR NEWS SERVICE

A new study finds the arts can play a role in empathy training. ISTOCK

Dolan's extremely up close and personal

It's Only the End of the World stars French actors Nathalie Baye, Léa Seydoux and Gaspard Ulliel, and is directed by Montreal's Xavier Dolan. It won the Grand Prix at Cannes. CONTRIBUTED

INTERVIEW

Director homes in on the faces of France's top acting talent

Melita Kuburas
Metro | Canada

It's a lot of pressure to feel like your every breath, every quiver, and every facial twitch will be captured on camera, said French actor Gaspard Ulliel.

A big star in France, Ulliel (who played Yves Saint Laurent in the 2014 biopic about the fashion designer) portrays principal character Louis in Xavier Dolan's It's Only the End of the World. Most of the film is shot in extremely tight closeups.

"You realize that the slightest, minute movement is a potential explosion so it keeps the audience on the edge of their seat," said Ulliel at an intimate coffee-and-conversation with media at the Toronto International Film Festival.

Dolan must have relished the chance to zoom in on such striking faces: Léa Seydoux (The Lobster) portrays a pot-smoking moody younger sister of Louis, a playwright who flies home for the first time in 12 years with the intent to tell his family he is dying of AIDS.

Vincent Cassel (Jason Bourne) is the curmudgeonly older brother; Marion Cotillard acts against type as the dithering sister-in-law and illustrious French actress Nathalie Baye plays Louis's ostentatious mother.

This is a dysfunctional family that communicates almost exclusively through bickering and biting remarks. They stumble over their words, betraying their insecurities. But for all the talking, they cannot say the one thing that needs to be said — that they love their brother, and feel abandoned by him.

"The vernacular is very precise, it can be distracting, but the words don't really matter in this film," said Dolan.

What mattered more was to watch how the characters react to one another, he explained.

"There are two categories of actors: the actors who listen, and the actors who don't. These actors listen to people. They live and react. They're not waiting for their lines," added Dolan, praising his cast.

When the director first began shooting the film, which won the Grand Prix at Cannes, he didn't intend for the imagery to be so intimate. But the closeups allowed him to capture the talent's emotional expressions.

"I wouldn't want to miss a thing," he said.

FOOD TREND

Red wine with fish? If the French are OK with it, so are we

Hosting a lunchtime event for the film's Canadian premiere, Nespresso paid tribute to the many scenes where the family gathers around a meal. The Montreal-based coffee company showed its confidence in food trends (it often partners with Michelin restaurants) with an unorthodox pairing of a red wine — 2011 Domaine Nalys, Châteauneuf Du Pape ($46) — with seared branzino that complemented the citrusy notes of the dish.

When he was younger, he seemed like he was inarticulate because he was so intelligent.
Devon Terrell
If you're texting, who's driving?
Manitoba Public Insurance

Innovators move forward

A growing number of businesses are looking to Extended Education at the University of Manitoba for innovative, tailored learning programs for their employees.|

These employers recognize the benefits of having staff who continually grow as professionals. This commitment to expanding knowledge and skills is a win for both parties, says Gary Hepburn, dean of the University's Extended Education program.

"Companies and organizations achieve greater competitive advantages when they foster an environment of perpetual learning. Employees discover new opportunities by updating their skills and knowledge," Hepburn says. "Extended Education is the bridge that helps both achieve their goals."

Anna Wieler, vice-president of human resources at Access Credit Union, says her organization sees the positive impact in the short and long term. Extended Education certificate programs—in management and administration, adult and continuing education, and human resource management—have become staples of their continuing education strategy.

"[We] believe in lifelong learning and providing our employees the skills required to succeed in their current position or prepare for the next opportunity," Wieler says.

The University is always looking for innovative ways to extend its academic power to working professionals, adds Hepburn.

"The unique needs of employees and employers require unique educational solutions. We mine the almost limitless academic resources of the university, and remix them to deliver tailored programs and courses that reflect the needs of the business community."

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metro SPORTS

Manchester United says it paid 8.4 million pounds ($11 million) in compensation to fire Louis Van Gaal and members of his coaching staff

Lights out in Willy-peg

BOMBERS THIS WEEK

Ed Tait

It was the summer of 2014 and things were absolutely, positively golden for the Winnipeg Blue Bombers.

Their new head coach, Mike O'Shea, had his new team — featuring a new quarterback in Drew Willy — at 5-1 by the end of July and there was a real buzz about football in this town.

So much so, in fact, that after Willy had helped author a couple of dramatic late rallies it was suggested the city be renamed 'Willy-peg.'

Clever. And, as it turns out less than two years later, short-lived.

Bombers GM Kyle Walters pulled the trigger on a couple of trades Sunday that not only ended Willy's days here, but leaves little doubt the club has now hitched it's playoff wagon to Matt Nichols.

Makes sense, given the Bombers are 6-0 since Nichols replaced Willy behind centre. And with the defence continuing to force critical turnovers at crucial times and the foot soldiers on special teams doing their thing, the franchise has a playoff spot in its crosshairs.

The score the Bombers received in the two deals — landing gifted defensive back T.J. Heath and first and third-round picks from the Argos and then shipping a fourth-rounder to the Montreal Alouettes for veteran pivot Kevin Glenn — is substantial.

Drew Willy will get a chance to rekindle his career in Toronto. JOHN WOODS/THE CANADIAN PRESS

But as the mushroom cloud began to clear from the deals on Monday, it was hard not to think about Willy's days here and how all that promise from two years ago seemed to so quickly evaporate.

Willy's rise to prominence came at a time when the Bombers were in full rebuild mode and he did some of his best work when they needed him to throw for 300 yards, take one hellacious hit after another and be the difference maker every week.

But after that 5-1 start disintegrated into a 7-11 season it would only get worse. Willy's 2015 was wiped out by a gruesome injury last August and despite bringing in new offensive co-ordinator Paul LaPolice and upgrading through the additions of Andrew Harris, Weston Dressler, Ryan Smith, etc., the combination of Willy working through his recovery in a new offence and with the roster in flux through the first five games due to injury was simply too much for him to overcome.

In stepped Nichols, who seemed much more comfortable in LaPolice's attack and six games later the marriage to Willy — especially considering the large numbers on his paycheque — was on shaky ground.

Now, to his immense credit he remained a valuable resource for Nichols and didn't moan and groan about his situation, but the uncertainty about his role was only going to grow leading up to the CFL's trade deadline next month.

Moving him to Toronto does a few things, both for the Bombers and for Willy. The football team now has a clear-cut No. 1 in Nichols — and a proven veteran in Glenn in the bullpen — and scored big both in the short term and long term by dealing their former franchise quarterback.

The trade also means a potentially awkward off-season discussion is avoided for both parties. Willy was due a six-figure bonus in January and with Nichols their new No. 1 QB and scheduled to become a free agent, it's unlikely he would have remained a Bomber past that payment due date.

So, Willy not only likely gets to keep that good chunk of change, he gets the opportunity to reclaim his position as a starter with a franchise desperate to make a playoff push with the Grey Cup on their turf this November.

It also means he gets what few others do in professional sports: a second chance to make a good first impression.

Ed Tait is the Blue Bombers Director of Content. His columns appear weekly in Metro. Follow him on Twitter (@EdTaitWFC) and at bluebombers.com.

CFL

Nichols better fit: Walters

Kyle Walters believes Drew Willy was given every opportunity to succeed as the Winnipeg Blue Bombers' starting quarterback this season.

When that didn't happen, and Willy's agent refused to renegotiate his pricey contract, the Bombers general manager traded Willy to the Argonauts on Sunday, taking advantage of Toronto's quarterback crisis.

Kyle Walters TORSTAR NEWS SERVICE

"Ideally, you'd hoped by surrounding him with an improved offensive line, on paper, some more receivers, that we were able to give Drew more tools to have success," Walters said Monday.

That wasn't the case.

Despite several moves to make Willy work in Winnipeg, he was never a good fit. Willy, who was coming back from last year's season-ending knee injury, only guided the Bombers to a 1-4 record under new offensive co-ordinator Paul LaPolice's system.

Backup Matt Nichols replaced Willy and has Winnipeg (7-4) on a six-game win streak and sitting third in the CFL West Division as the club tries to end a four-year playoff drought.

"Certain guys click with co-ordinators a little bit better than others," Walters said. "Matt just seemed to be a better fit for what Paul wanted to accomplish."

He spoke to Willy's agent Brian Mackler about renegotiating the five-year veteran's contract, which reportedly is just over $400,000 with bonuses this season. Willy was also signed through next year. It was a "quick conversation" as Mackler expected the team to honour the contract or release Willy, Walters said, adding the team could have absorbed the money this year, but next season's salary wouldn't have worked if Nichols remained the starter. THE CANADIAN PRESS

ANTHEM PROTEST

Losing sponsors won't stop Bronco

Broncos linebacker Brandon Marshall says he'll kneel again for the national anthem even though he lost a second endorsement deal for joining Colin Kaepernick's protest of social injustice.

CenturyLink said Monday that the company respects Marshall's right to express his beliefs but feels the national anthem was an inappropriate venue. So, CenturyLink terminated its six-week-old deal with Marshall, who lost his endorsement with Air Academy Federal Credit Union on Friday.

Brandon Marshall THE ASSOCIATED PRESS

THE ASSOCIATED PRESS

IN BRIEF

Riders release Mitchell

The Saskatchewan Roughriders released Khalif Mitchell on Monday, saying it would be difficult for the controversial defensive lineman to get into playing shape this season.

Mitchell hasn't played since being released by the Montreal Alouettes in June 2015, a month after he was fined over anti-Semitic Twitter posts, which included a link to a Holocaust denial video.

THE CANADIAN PRESS

FAN VIOLENCE

Fan pours beer on head of 9-year-old

A young boy who went to his first CFL game in Winnipeg was harassed by other fans for wearing green and even had beer poured over his head.

The Bombers beat the Saskatchewan Roughriders 17-10 in Saturday's Banjo Bowl.

Janell-Marie Emond and her nine-year-old son, Taylor, were given tickets to the game, their first time seeing a professional football match.

Emond says people were swearing at her son because he was wearing a green sweater over his Bomber T-shirt, saying he was a Rider fan and he should go back to where he came from.

Taylor says being at the game was fun at the beginning, but not later on, especially being yelled at and having beer poured on his head.

On Monday the team dropped off a gift basket for Taylor and has invited the family to another game.

THE CANADIAN PRESS

"Matt just seemed to be a better fit for what Paul wanted to accomplish.

Bombers GM Kyle Walters

RECIPE Lemon Thyme Chicken Burger

PHOTO: MAYA VISNYEI

Ceri Marsh & Laura Keogh
For Metro Canada

We can still eat like its summer, right? This light, juicy burger helps keep the sunny season going — at least on our plates.

Ready in 20 minutes
Prep time: 10 minutes
Cook time: 10 minutes
Serves 4

Ingredients
- 1 lb ground chicken
- 2 Tbsp fresh thyme
- 1 Tbsp lemon zest
- 1 Tbsp lemon juice
- 1 egg, whisked
- 1/2 onion, finely minced
- 1/4 cup bread crumbs
- 2 tsp Dijon mustard
- salt and pepper
- 1 Tbsp vegetable oil
- 4 wholewheat rolls
- toppings like lettuce, tomatoes, goat cheese

Directions

1. In a large bowl, mix together the meat, thyme, zest, juice, egg, bread crumbs, onions, mustard and salt and pepper. Using your hands, form the mixture into 4 x ¾ inch-thick patties.

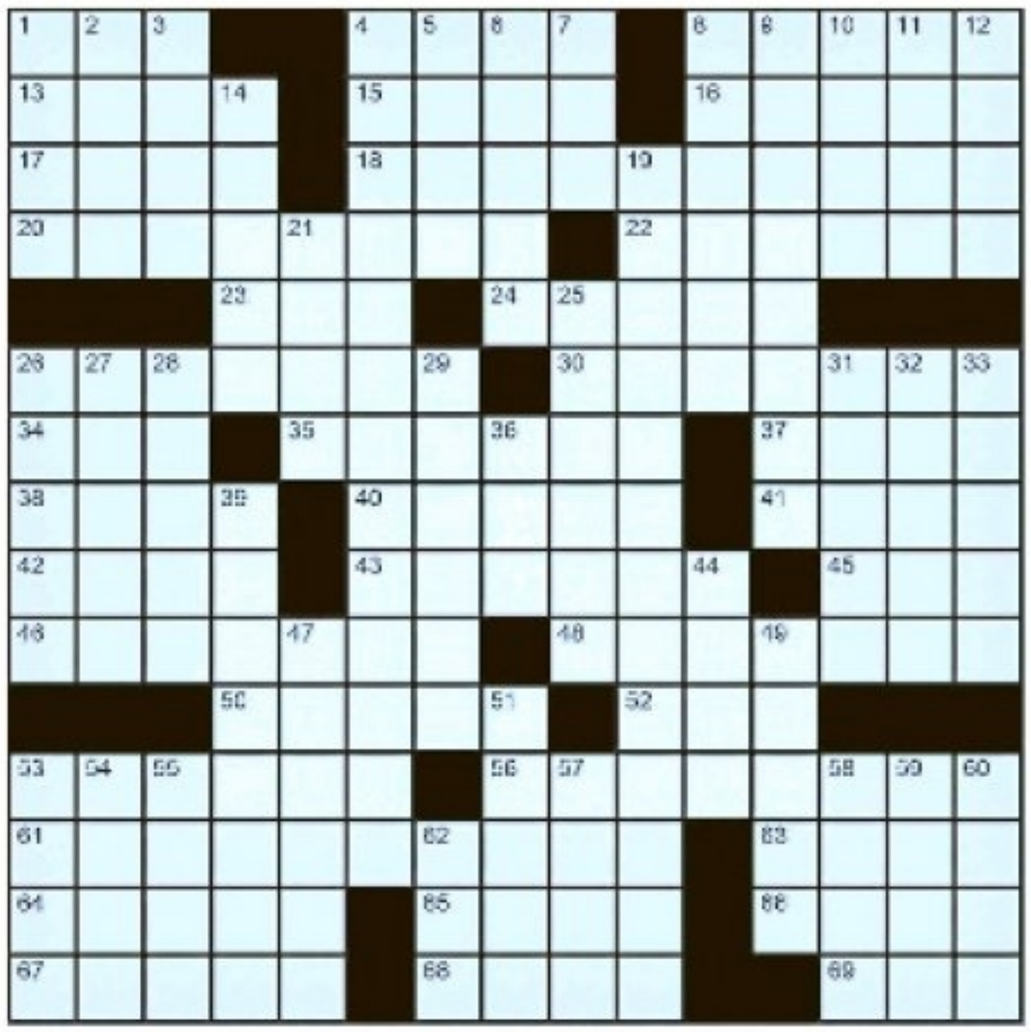
2. Heat up pan or barbecue. Add a drop of vegetable oil to the pan if you're cooking them on the stove. Cook the patties over medium/high heat for about 5 minutes on each side. You want the internal temperature to reach165 and 170 Fahrenheit.

3. Top your buns with whatever your family likes but we highly recommend goat cheese.

FOR MORE MEAL IDEAS, VISIT SWEETPOTATOCHRONICLES.COM

CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN



ACROSS
1. Brand of pet food, __ Kan
4. Military band's magnificence
8. Rock band, Death Cab for __
13. Discharge
15. Bring up
16. Fragment of __ __ to Maia by poet John Keats
17. Doozy
18. It's a splash all-year-round in a mansion: 2 wds.
20. Organisms in the pond
22. In a tidy way
23. Nautical rope
24. "Ahoy, __!"
26. Opinions
30. Media personality Maria of the Kennedy Clan
34. UN agcy. for workers
35. Little wave
37. Ms. Campbell
38. Comic actor Mr. DeLuise's
40. Sparkle
41. Brand of garbage bag
42. 'E' in QED
43. Spanish Conquistador, __ Cortes (b.1485 - d.1547)
45. Nero's 1501
46. Ms. Fabray of 1975 to 1984 sitcom "One Day at a Time"
48. Officially adorned as a princess
50. "Growing __"
52. American Hunter publisher [acronym]
53. 1970s folk singer Harry
56. Mother Teresa's new canonized title, Saint Teresa of __
61. Arm & Hammer product: 2 wds.
63. Weaving machine
64. Spark of light
65. Welcoming
66. Beautiful outfit of flowing fabric
67. Belonging to Bob's classic 'roads movies' co-star
68. Essential
69. Cacophony

DOWN
1. Seaweed variety
2. Russia/China border river
3. "__ & Stitch" (2002)
4. Throwing punches for money
5. Prefix meaning 'Wine'
6. 2003 Madeleine Albright book, __ Secretary: A Memoir
7. In favour
8. Profession
9. Like some intern positions
10. Horn honk!
11. British rocker Billy
12. Conger-like
14. Ice cream flavour, __ Frutti
19. Where Labrador is situated as part of Newfoundland: 3 wds.
21. Court hearing
25. Tilted
26. President Obama's VP
27. Gorge village of southwestern Ontario
28. Arthur Miller salesman Willy
29. Near-the-stomach organ
31. Scooby-Doo! One of Shaggy's sleuthing pals
32. Circumvent
33. Made over
36. For each
39. Moving oneself forward on foot
44. Drug bust officer, briefly
47. Tarnishes
49. Actor Mr. Julia's
51. Listerine competitor
53. Venue in The Big Apple where the Talking Heads played
54. Nickname of Nova Scotia's cap.
55. Comparable
57. Suffix with 'Chick'
58. It's an amphibian
59. Ms. Spelling
60. Cole Porter's "I __ __ Love"
62. Chris, to Peter Griffin on "Family Guy"

IT'S ALL IN THE STARS Your daily horoscope by Francis Drake

Aries March 21 - April 20
Use tact and diplomacy to avoid conflict with others at work today! Silly errors and delays at work might be part of this picture.

Taurus April 21 - May 21
Parents must be patient with their kids today; likewise, romantic partners must be patient with each other. In sports, fights and accidents are likely.

Gemini May 22 - June 21
Domestic tension on the home front is likely today, especially with a parent or an authority figure. Instead, use your feisty energy to work on home repairs and DIY projects.

Cancer June 22 - July 23
Mercury retrograde is wreaking havoc in your life, causing transportation delays and mixed-up communications. This could be the reason that you are short-tempered with others today. Chill out.

Leo July 24 - Aug. 23
Arguments about money and possessions are likely today. Don't throw your weight around. Remember that you can catch more flies with honey than vinegar.

Virgo Aug. 24 - Sept. 23
Today the Sun is in your sign at odds with fiery Mars. This makes you aggressive, quick to bark and quick to anger. Your best friend will be your own patience. Remember this.

Libra Sept. 24 - Oct. 23
Something going on behind the scenes might bother you today. Because you feel generally disgruntled, you will be impatient with others. Do your best to stay calm.

Scorpio Oct. 24 - Nov. 22
A fight with a friend or a member of a group might break out today, especially about money, funding or a particular possession. You gain nothing by fighting with anyone, right?

Sagittarius Nov. 23 - Dec. 21
An authority figure might get your goat today. If so, do not sound off, because this could cost you in the long run. Instead, go out for a jog or a bike ride. You love the outdoors!

Capricorn Dec. 22 - Jan. 20
Avoid controversial subjects like politics, religion and racial issues today, because they quickly will disintegrate into arguments. Ego conflicts are taking place everywhere!

Aquarius Jan. 21 - Feb. 19
Disputes about inheritances and shared property are likely today. Don't get involved, because this will resolve nothing. Stay frosty.

Pisces
Feb. 20 - March 20
An argument with your partner or close friend might break out today because of sheer impatience and frustration. But what will this gain? It won't improve anything.

CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9

			4		3			
2		6		1		3		7
7			9		5			1
	4						3	
6			7		2			5
3		8		7		6		2
			3		9			

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YESTERDAY'S ANSWERS

Your daily crossword and Sudoku answers from the play page.

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9	3	4	7	1	8	6	5	2
6	7	1	4	2	5	8	3	9
8	2	5	6	9	3	4	1	7
5	1	9	2	7	4	3	8	6
3	6	7	5	8	1	2	9	4
2	4	8	9	3	6	1	7	5
1	5	2	8	6	7	9	4	3
7	8	6	3	4	9	5	2	1
4	9	3	1	5	2	7	6	8

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